



PRESS RELEASE

29th January 2014

Care Home fails to provide employee with daily rest and rest breaks

An Employment Tribunal, sitting in Newcastle, has held that a Care Home has failed to provide daily rest and rest breaks for one of its employees.

Accept Care Limited, a Care Home operator, was found to be in breach of the Working Time Regulations.

Under the Regulations, employees are entitled to daily rest of not less than 11 hours in each 24 hour period.

Employees are also entitled to a rest break of not less than 20 minutes where they work more than 6 hours.

Alan Hood, who has worked for the Company since 2007, complained that the Company were regularly failing to provide him with daily rest and rest breaks.

The Employment Tribunal agreed that the Company had failed to provide the daily rest and rest breaks required by law.

GMB Regional Organiser Gail Johnson, who supported Alan Hood with his claims said, 'We see this as a victory for all workers in care homes across the country in the fight to improve working conditions. GMB will seek to support any members who are denied their legal rights.'

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